

MONTHLY ACTIVITY SCHEDULE 17TH February - 14th march. ACTIVITIES ARE OFFERED TO ALL RESIDENTS. THE SCHEDULE CAN CHANGE AT ANY TIME DUE TO CIRCUMSTANCES OR IF A RESIDENT WOULD PREFER TO DO A DIFFERENT ACTIVITY. CHOICES OF ACTIVITIES ARE ALWAYS GIVEN TO ENCOURAGE OR STIMULATE. ACTIVITIES ARE AS A GROUP OR ONE TO ONE. ALL ACTIVITIES ARE IN PLACE TO BE ACHIEVABLE TO RESIDENTS TO PROMOTE CONFIDENCE AND INTERACTION. CHAT = REMINISCENCE.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W K 1	QUIZ WHERE AM I? WHO AM I?	ONE TO ONE SENSORY/TACTILE COMPLIMENTARY THERAPY	BINGO	HAIRDRESSER SHOP ONE TO ONE	EXERCISE TO MUSIC SING-A-LONG
W K 2	ART & CRAFT FOR ST DAVIDS DAY	ONE TO ONE SENSORY/TACTILE OL FACTORY	BINGO	HAIRDRESSER SHOP ONE TO ONE	EXERCISE TO MUSIC SING-A-LONG
W K 3	SOUND BINGO	ONE TO ONE SENSORY/TACTILE CHAT	BINGO	HAIRDRESSER SHOP ONE TO ONE	EXERCISE TO MUSIC SING-A-LONG
W K 4	GARDEN QUIZ	ONE TO ONE SENSORY/TACTILE GENTLE EXERCISE WITH SMALL BALL	BINGO	HAIRDRESSER SHOP ONE TO ONE	EXERCISE TO MUSIC SING-A-LONG